

NBL BLACK BELT DIVISIONS

FORMS CONTEMPORARY				
N-1	9-	Hard Creative	(m)	Fri. 3
N-2	10-12	Hard Creative	(m)	Fri. 4
N-3	13-14	Hard Creative	(m)	Fri. 4
N-4	15-17	Hard Creative	(m)	Fri. 2
N-5	11-	Hard Choreographed Musical	(m)	Fri. 3
N-6	12-14	Hard Choreographed Musical	(m)	Fri. 4
N-7	15-17	Hard Choreographed Musical	(m)	Fri. 2
N-8	17-	Hard Open Musical	(m/f)	Fri. 1
N-9	17-	Soft Open	(m/f)	Sat 2
N-10	11-	Hard Creative	(f)	Fri. 3
N-11	12-14	Hard Creative	(f)	Sat 1
N-12	15-17	Hard Creative	(f)	Sat 3
N-13	17-	Hard Choreographed Musical	(m/f)	Fri. 1
N-14	18+	Hard Creative	(m)	SAT 5
N-15	18+	Hard Choreographed Musical	(m/f)	Fri. 5
N-16	18+	Hard Open Musical	(m/f)	Fri. 5
N-17	18+	Soft Contemporary	(m/f)	Sat 6
N-18	18+	Hard Creative	(f)	Sat 4
N-19	35+	Hard Contemporary	(m)	SAT 5
N-20	35+	Hard Contemporary	(f)	Sat 4
FORMS TRADITIONAL				
N-21	11-	Japanese/Okinawan	(m/f)	Sat 2
N-22	12-14	Japanese/Okinawan	(m/f)	Sat 1
N-23	15-17	Japanese/Okinawan	(m/f)	Sat 3
N-24	11-	Kenpo/Kajukenbo	(m/f)	Sat 2
N-25	12-14	Kenpo/Kajukenbo	(m/f)	Sat 1
N-26	15-17	Kenpo/Kajukenbo	(m/f)	Sat 3
N-27	11-	Korean	(m/f)	Sat 2
N-28	12-14	Korean	(m/f)	Sat 1
N-29	15-17	Korean	(m/f)	Sat 3
N-30	18+	Japanese/Okinawan	(m)	SAT 5
N-31	18+	Kenpo/Kajukenbo	(m/f)	Sat 6
N-32	18+	Korean	(m)	SAT 5
N-33	18+	Soft Traditional (No Kenpo)	(m/f)	Sat 6
N-34	18+	Japanese/Okinawan	(f)	Sat 4
N-35	18+	Korean	(f)	Sat 4
N-36	35+	Hard Traditional	(m/f)	Sat 6
N-37	45+	Hard Traditional	(m/f)	Sat 6
TEAM FORMS ONE MEMBER MUST BE A BLACK BELT				
N-38	All	Open	(m/f)	Fri. 1

WEAPONS CONTEMPORARY				
N-39	11-	Hard & Soft Creative	(m/f)	Sat 2
N-40	12-14	Hard & Soft Creative	(m)	Sat 1
N-41	15-17	Hard & Soft Creative	(m)	Sat 3
N-42	11-	Hard & Soft Choreographed Musical	(m/f)	Fri. 3
N-43	12-14	Hard & Soft Choreographed Musical	(m/f)	Fri. 4
N-44	15-17	Hard & Soft Choreographed Musical	(m/f)	Fri. 2
N-45	17-	Hard & Soft Open Musical	(m/f)	Fri. 1
N-46	12-14	Hard & Soft Creative	(f)	Sat 1
N-47	15-17	Hard & Soft Creative	(f)	Sat 3
N-48	18+	Hard Creative	(m)	Fri. 5
N-49	18+	Hard Choreographed Musical	(m/f)	Fri. 5
N-50	18+	Soft Open	(m/f)	Sat 6
N-51	18+	Hard Creative	(f)	Fri. 5
N-52	35+	Hard Contemporary	(m/f)	Fri. 2
WEAPONS TRADITIONAL				
N-53	11-	Hard Traditional	(m/f)	Sat 2
N-54	12-14	Hard Traditional	(m/f)	Sat 1
N-55	15-17	Hard Traditional	(m/f)	Sat 3
N-56	18+	Hard Traditional	(m/f)	Sat 6
SELF DEFENSE TRADITIONAL				
N-57	17-	Choreographed Fight	(m/f)	Fri. 1
N-58	18+	Choreographed Fight	(m/f)	Fri. 1
CONTEMPORARY				
N-59	17-	Traditional Self defense	(m/f)	Fri. 1
N-60	18+	Traditional Self defense	(m/f)	Fri. 1
BREAKING (NOTE: N-61 & N-62 can be of any rank)				
N-61	17-	Open	(m/f)	Sat 9
N-62	18+	Open	(m/f)	Sat 9
POINT SPARRING				
N-63	9-		(m/f)	Sat 2
N-64	10-11		(m/f)	Sat 2
N-65	12-13		(m)	Sat 1
N-66	14-15		(m)	Sat 1
N-67	16-17		(m)	Sat 1
N-68	10-12		(f)	Sat 3
N-69	13-14		(f)	Sat 3
N-70	15-17		(f)	Sat 3
N-71	18+	125.4-	(m)	Sat 4
N-72	18+	138.6-	(m)	Sat 4
N-73	18+	151.8-	(m)	Sat 5
N-74	18+	162.8-	(m)	Sat 5
N-75	18+	173.8-	(m)	Sat 4

POINT SPARRING CONTINUED				
N-76	18+	184.8-	(m)	Sat 4
N-77	18+	200.2-	(m)	Sat 5
N-78	18+	200.2+	(m)	Sat 5
N-79	18+	121-	(f)	Sat 4
N-80	18+	132-	(f)	Sat 4
N-81	18+	143-	(f)	Sat 5
N-82	18+	143+	(f)	Sat 5
N-83	35+	151.8-	(m)	Sat 6
N-84	35+	173.8-	(m)	Sat 6
N-85	35+	200.2-	(m)	Sat 6
N-86	35+	200.2+	(m)	Sat 6
N-87	35+	all wights	(f)	Sat 6
N-88	45+	173.8-	(m)	Sat 6
N-89	45+	173.8+	(m)	Sat 6
CONTINUOUS SPARRING				
N-90	17-	55-	(m/f)	Fri. 6
N-91	17-	66-	(m/f)	Fri. 6
N-92	17-	77-	(m/f)	Fri. 6
N-93	17-	88-	(m/f)	Fri. 6
N-94	17-	99-	(m/f)	Fri. 6
N-95	17-	121-	(m)	Fri. 7
N-96	17-	143-	(m)	Fri. 7
N-97	17-	165-	(m)	Fri. 7
N-98	17-	165+	(m)	Fri. 7
N-99	17-	99-121	(f)	Fri. 6
N-100	17-	143-	(f)	Fri. 7
N-101	17-	143+	(f)	Fri. 7
N-102	18+	138.6-	(m)	Fri. 8
N-103	18+	151.8-	(m)	Fri. 8
N-104	18+	162.8-	(m)	Fri. 8
N-105	18+	173.8-	(m)	Fri. 8
N-106	18+	184.8-	(m)	Fri. 9
N-107	18+	200.2-	(m)	Fri. 9
N-108	18+	200.2+	(m)	Fri. 9
N-109	18+	132-	(f)	Fri. 9
N-110	18+	132+	(f)	Fri. 9
TEAM SPARRING				
N-111	9-11, 12-14, 15-17		(m)	Fri. 6
N-112	9-11, 12-14, 15-17		(f)	Fri. 7
N-113	18+, 18+, 18+		(m)	Fri. 8
N-113B	18+, 18+, 18+		(f)	Fri. 7

NON NBL DIVISIONS SKIL / SMA

UNDER BELT SELF-DEFENSE				
A-120	13-	W Y O	M / F	SAT 7
A-121	13-	B P G	M / F	SAT 7
A-122	13-	RD BR	M / F	SAT 7
A-123	14 - 17	W Y O	M / F	SAT 7
A-124	14 - 17	B P G	M / F	SAT 8
A-125	14 - 17	RD BR	M / F	SAT 8
A-126	18+	W Y O	M / F	SAT 8
A-127	18+	B P G	M / F	SAT 8
A-128	18+	RD BR	M / F	SAT 8
UNDER BELT TRADITIONAL FORMS				
A-129	5-	All	M / F	Sun 1
A-130	6 - 8	W	M / F	Sun 1
A-131	6 - 8	Y O	M / F	Sun 1
A-132	6 - 8	B P G	M / F	Sun 2
A-133	6 - 8	RD BR	M / F	Sun 2
A-134	9 - 11	W	M / F	Sun 2
A-135	9 - 11	Y O	M / F	Sun 3
A-136	9 - 11	B P G	M / F	Sun 3
A-137	9 - 11	RD BR	M / F	Sun 4
A-138	12 - 14	W	M / F	Sun 4
A-139	12 - 14	Y O	M / F	Sun 4
A-140	12 - 14	B P G	M / F	Sun 5
A-141	12 - 14	RD BR	M / F	Sun 5
A-142	15 - 17	W	M / F	Sun 5
A-143	15 - 17	Y O	M / F	Sun 6
A-144	15 - 17	B P G	M / F	Sun 6
A-145	15 - 17	RD BR	M / F	Sun 6
A-146	18 - 34	W Y O	M / F	Sun 7
A-147	18 - 34	B P G	M / F	Sun 7
A-148	18 - 34	RD BR	M / F	Sun 7
A-149	35+	W Y O	M / F	Sun 8
A-150	35+	B P G	M / F	Sun 8
A-151	35+	RD BR	M / F	Sun 8
UNDER BELT OPEN FORMS				
A-152	5-	All	M / F	Sun 1
A-153	6 - 8	W	M / F	Sun 1
A-154	6 - 8	Y O	M / F	Sun 1
A-155	6 - 8	B P G	M / F	Sun 2
A-156	6 - 8	RD BR	M / F	Sun 2
A-157	9 - 11	W	M / F	Sun 2
A-158	9 - 11	Y O	M / F	Sun 3
A-159	9 - 11	B P G	M / F	Sun 3
A-160	9 - 11	RD BR	M / F	Sun 4
A-161	12 - 14	W	M / F	Sun 4
A-162	12 - 14	Y O	M / F	Sun 4
A-163	12 - 14	B P G	M / F	Sun 5
A-164	12 - 14	RD BR	M / F	Sun 5
A-165	15 - 17	W	M / F	Sun 5
A-166	15 - 17	Y O	M / F	Sun 6
A-167	15 - 17	B P G	M / F	Sun 6
A-168	15 - 17	RD BR	M / F	Sun 6
A-169	18 - 34	W Y O	M / F	Sun 7
A-170	18 - 34	B P G	M / F	Sun 7
A-171	18 - 34	RD BR	M / F	Sun 7
A-172	35+	W Y O	M / F	Sun 8
A-173	35+	B P G	M / F	Sun 8
A-174	35+	RD BR	M / F	Sun 8
UNDER BELT CONTEMPORARY FORMS (MUSIC GYMNASTICS OK)				
A-175	9-	W Y O	M / F	SAT 7
A-176	9-	B P G	M / F	SAT 7
A-177	9-	RD BR	M / F	SAT 7
A-178	10 - 13	W Y O	M / F	SAT 7
A-179	10 - 13	B P G	M / F	SAT 7
A-180	10 - 13	RD BR	M / F	SAT 7
A-181	14 - 17	W Y O	M / F	SAT 8
A-182	14 - 17	B P G	M / F	SAT 8
A-183	14 - 17	RD BR	M / F	SAT 8
A-184	18 - 34	W Y O	M / F	SAT 8
A-185	18 - 34	B P G	M / F	SAT 8
A-186	18 - 34	RD BR	M / F	SAT 8
A-187	35+	W Y O	M / F	SAT 7
A-188	35+	B P G	M / F	SAT 7
A-189	35+	RD BR	M / F	SAT 7

UNDER BELT TRADITIONAL WEAPONS				
A-190	5 -	All	M / F	Sun 1
A-191	6 - 8	W	M / F	Sun 1
A-192	6 - 8	Y O	M / F	Sun 1
A-193	6 - 8	B P G	M / F	Sun 2
A-194	6 - 8	RD BR	M / F	Sun 2
A-195	9 - 11	W	M / F	Sun 2
A-196	9 - 11	Y O	M / F	Sun 3
A-197	9 - 11	B P G	M / F	Sun 3
A-198	9 - 11	RD BR	M / F	Sun 4
A-199	12 - 14	W	M / F	Sun 4
A-200	12 - 14	Y O	M / F	Sun 4
A-201	12 - 14	B P G	M / F	Sun 5
A-202	12 - 14	RD BR	M / F	Sun 5
A-203	15 - 17	W	M / F	Sun 5
A-204	15 - 17	Y O	M / F	Sun 6
A-205	15 - 17	B P G	M / F	Sun 6
A-206	15 - 17	RD BR	M / F	Sun 6
A-207	18 - 34	W Y O	M / F	Sun 7
A-208	18 - 34	B P G	M / F	Sun 7
A-209	18 - 34	RD BR	M / F	Sun 7
A-210	35+	W Y O	M / F	Sun 8
A-211	35+	B P G	M / F	Sun 8
A-212	35+	RD BR	M / F	Sun 8
UNDER BELT OPEN WEAPONS				
A-213	5 -	All	M / F	Sun 1
A-214	6 - 8	W	M / F	Sun 1
A-215	6 - 8	Y O	M / F	Sun 1
A-216	6 - 8	B P G	M / F	Sun 2
A-217	6 - 8	RD BR	M / F	Sun 2
A-218	9 - 11	W	M / F	Sun 2
A-219	9 - 11	Y O	M / F	Sun 3
A-220	9 - 11	B P G	M / F	Sun 3
A-221	9 - 11	RD BR	M / F	Sun 4
A-222	12 - 14	W	M / F	Sun 4
A-223	12 - 14	Y O	M / F	Sun 4
A-224	12 - 14	B P G	M / F	Sun 5
A-225	12 - 14	RD BR	M / F	Sun 5
A-226	15 - 17	W	M / F	Sun 5
A-227	15 - 17	Y O	M / F	Sun 6
A-228	15 - 17	B P G	M / F	Sun 6
A-229	15 - 17	RD BR	M / F	Sun 6
A-230	18 - 34	W Y O	M / F	Sun 7
A-231	18 - 34	B P G	M / F	Sun 7
A-232	18 - 34	RD BR	M / F	Sun 7
A-233	35+	W Y O	M / F	Sun 8
A-234	35+	B P G	M / F	Sun 8
A-235	35+	RD BR	M / F	Sun 8
UNDER BELT CONTEMPORARY WEAPON (MUSIC GYMNASTICS OK)				
A-236	9 -	W Y O	M / F	SAT 7
A-237	9 -	B P G	M / F	SAT 7
A-238	9 -	RD BR	M / F	SAT 7
A-239	10 - 13	W Y O	M / F	SAT 7
A-240	10 - 13	B P G	M / F	SAT 7
A-241	10 - 13	RD BR	M / F	SAT 7
A-242	14 - 17	W Y O	M / F	SAT 8
A-243	14 - 17	B P G	M / F	SAT 8
A-244	14 - 17	RD BR	M / F	SAT 8
A-245	18 - 34	W Y O	M / F	SAT 8
A-246	18 - 34	B P G	M / F	SAT 8
A-247	18 - 34	RD BR	M / F	SAT 8
A-248	35+	W Y O	M / F	SAT 8
A-249	35+	B P G	M / F	SAT 8
A-250	35+	RD BR	M / F	SAT 8

UNDERBELT POINT SPARRING				
A-251	4 -	ALL RANKS	M / F	Sun 1
A-252	5	ALL RANKS	M / F	Sun 1
A-253	6 - 7	W	M	Sun 1
A-254	6 - 7	Y O	M	Sun 2
A-255	6 - 7	B P G	M	Sun 2
A-256	6 - 7	RD BR	M	Sun 2
A-257	6 - 7	W	F	Sun 3
A-258	6 - 7	Y O	F	Sun 3
A-259	6 - 7	B P G	F	Sun 3
A-260	6 - 7	RD BR	F	Sun 3
A-261	8 - 9	W	M / F	Sun 4